

RESOURCE GUIDE



Office of
Mental Health



Saratoga County

This resource guide includes information about where you can find help in your local community. All the programs and services listed below allow you to self-refer and some may offer walk-in appointments.

Crisis Services & Support

Saratoga Hospital

Emergency room psychiatric inpatient
211 Church St Saratoga Springs
518-587-3222
24/7

Northern Rivers Mobile Crisis Team

Crisis intervention and referrals
518-292-5499
M-F 7am-11pm Sat/Sun 11am-7pm

RISE SunRISE Retreat

Intensive crisis residence
127 Union Street Saratoga
518-587-4277
24/7

Mental Health Treatment & Rehabilitation

Northern Rivers

Individual and group therapy, psychiatric consultation,
medication management
2452 U.S Route 9 Suite 206 Malta
518-292-5433

Saratoga County Mental Health

Mental health outpatient clinic, substance use, groups
135 South Broadway Saratoga
518-584-9030
M-F 8am-5pm

Saratoga Community Health Center

Mental health outpatient clinic
24 Hamilton St Saratoga
518-886-5600
M, T 8am-5pm, W & Thurs 8am-6pm F 8am-4pm

Peer Support Services

Northern Rivers Unlimited Potential

Employment support and social club
36 Cady Hill Road Saratoga Springs
518-581-9809

Healing Springs Recovery Community Center

Peer support for those in recovery and their families
125 High Rock Ave Saratoga Springs
518-306-3048

Wellspring

Peer support for survivors of Domestic Violence
480 Broadway LL20 Saratoga Springs
518-583-0280
24/7 Hotline 518-584-8188

Saratoga County Veterans Peer Connection

Peer support for veterans with PTSD and re-adjustment difficulties
2144 Doubleday Ave Ballston Spa
518-884-4999

Addiction or Substance Use Treatment and Support

Saratoga County Addiction Services
Outpatient substance abuse treatment
135 South Broadway Saratoga Springs
518-587-8800

Saratoga Hospital

Outpatient substance use treatment
24 Hamilton Street Saratoga Springs
518-886-5600

RISE

Street-outreach and residential services for substance use
127 Union Street Saratoga Springs
518-587-8800

Alcohol and Substance Abuse Prevention Council of Saratoga

Peer and family support, education, referrals
125 High Rock Ave Saratoga Springs
518-581-1230

Other Services

Mental Health Housing

All referrals are submitted to SPOA
135 South Broadway Saratoga Springs
518-584-9030

Northern Rivers Warm Line

Peer support/chat line
518-581-9809
T, W, Thurs 4pm-7pm. F & S 7pm-9pm

To find more mental health programs and services, visit our website at: www.omh.ny.gov



BeWell.ny.gov

